



OFFICE: 9191 Bay Pines Boulevard • St. Petersburg • FL 33708 • (727) 392-8858

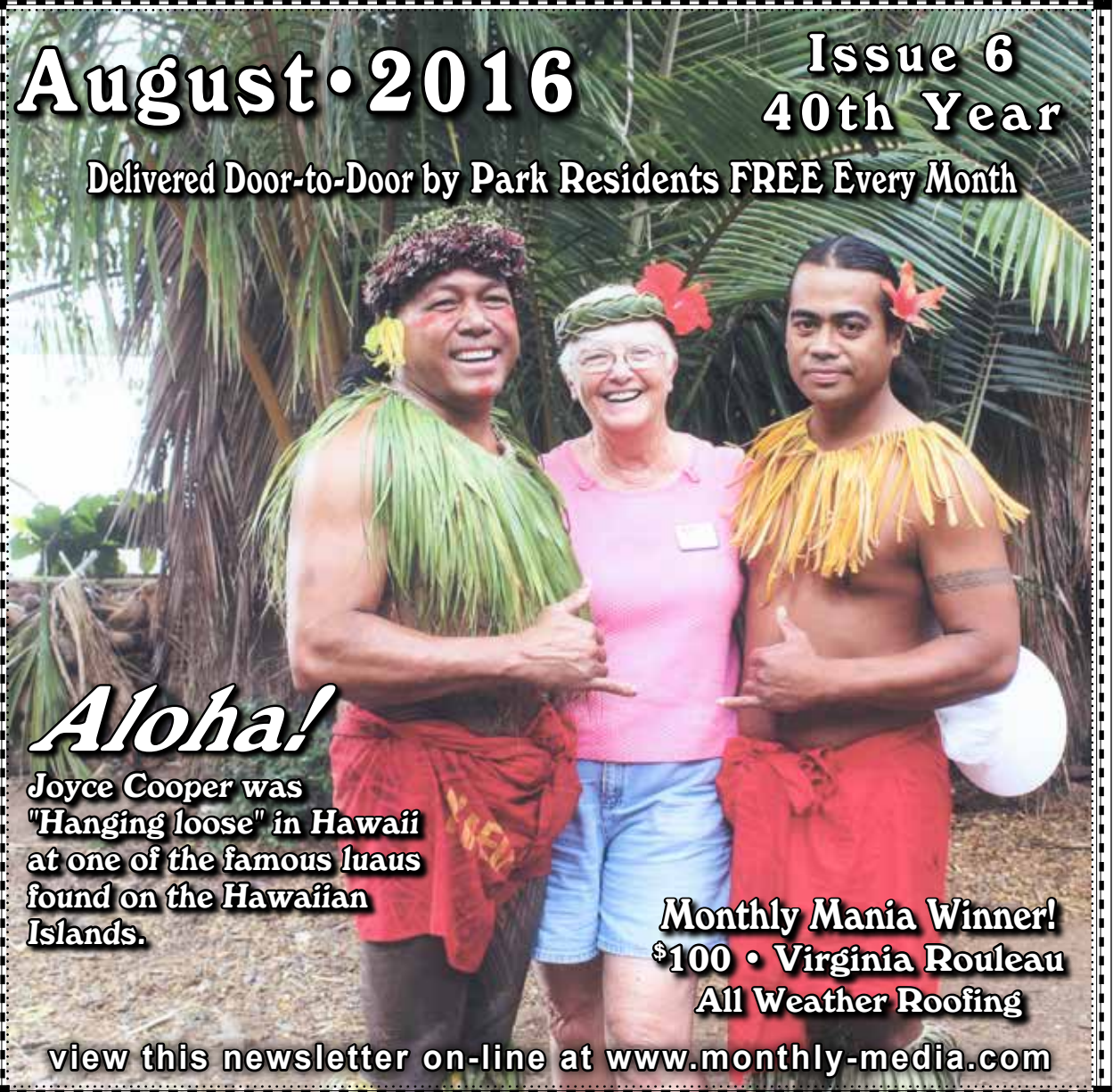
HARBOR LIGHTS

• SCUTTLEBUTT •

August • 2016

Issue 6 40th Year

Delivered Door-to-Door by Park Residents FREE Every Month



Aloha!

Joyce Cooper was "Hanging loose" in Hawaii at one of the famous luaus found on the Hawaiian Islands.

Monthly Mania Winner!
\$100 • Virginia Rouleau
All Weather Roofing

view this newsletter on-line at www.monthly-media.com



FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

Important Phone Numbers

NON EMERGENCIES

St. Petersburg Police Dept.	893-7780
St. Petersburg Fire Dept.	893-7694
Pinellas County Sheriff	582-6200
Florida Highway Patrol	570-5010



UTILITIES

Bright House Customer Service	329-5020
Knology Sales	239-0211
Service	(866) 745-3685
Progress Energy Service	(800) 700-8744
Power Outage	(800) 228-8485
Verizon Service	(800) 483-4000
Directory Assistance	411



Emergency - 911



PUBLIC OFFICES

DMV-Tags, Driver's License	
1800 66th St. N., St. Petersburg	464-7777
St. Petersburg Chamber of Commerce	821-4069
St. Petersburg City Hall	893-7171
St. Petersburg Post Office	(800) 275-8777
St. Petersburg Main Library	893-7724
Social Security Administration	(800) 772-1213



HOSPITALS

Bay Pines VA	10,000 Bay Pines Blvd., St. Petersburg, 33708	398-6661
Bayfront Medical Center	701 6th St. S., St. Petersburg 33701	823-1234
Largo Medical Center	201 14th St. SW, Largo 33770	588-5200
Morton Plant	300 Pinellas St., Clearwater 33756	462-7000
Northside	6000 49th St. N., St. Petersburg 33709	521-4411
St. Petersburg General	6500 38th Ave. N., St. Petersburg 33710	384-1414

Harbor Lights Club Office 392-8858 • Harbor Lights Clubhouse 398-2731 • Marina 392-4933

**View this Newsletter in full color at www.monthly-media.com
right click with mouse to download to your computer**

ROOF-OVERS • 727-547-8300

Lic #: C-2387

ASC

visit: www.ascaluminum.com

Aluminum Specialty Contractors, Inc
 "No-Nonsense Company"
 7420 Park Blvd. • Pinellas Park

"Our Owner Has Been Serving Pinellas County Since 1980."

22

NO Sub-Contractors



"Ask Your Neighbors About Us."

25

**Summer Rains
 Are Here?**



10% Off

**Transferable
 Life-Time Warranty!**

"Thank you for doing a very professional job on my roof. I am not easily pleased with most contractors, ASC is the exception! Your crew was on time, sometimes even early. There are no leaks and it looks great. ASC was not the cheapest, which proves you get what you pay for."

Michael Ellis
 Pinellas Park, FL

IN PROGRESS

IN PROGRESS

COMPLETED



SUNSET APPLIANCE SERVICE



sunsetappliance.com



Locally Owned & Operated



\$20 OFF
 Completed Repair

- All Major Makes & Models
- Same Day Expert Service
- 28+ Years Experience
- Licensed & Insured



5 ★ 727-559-1137 3

"Have you experienced the Sunset Appliance Difference? It's all about our Service!"

MODERN AIR CONDITIONING



& HOME SERVICES, Inc.

Special!
 Expires 8/31/16
A/C & Heat Inspection or Service Diagnostic
\$39⁰⁰

Coupon required at time of service during regular business hours & cannot be combined with other offers.

- HONEST and FAIR - SAME DAY SERVICE
- FREE Estimates on A/C Installations

28 ★ 541-5541 16

www.modernac.com

ALL BRANDS • Since 1976 • CACO 21320



2 Convenient Locations:

Clearwater **727-329-8728**

St. Pete **727-343-4242**

Peterson Auto is a family owned & operated auto repair facility that has been servicing the Pinellas community for over 30 years. All locations have ASE certified technicians performing quality repairs that come with a 2 year 24,000 mile warranty.

Free Shuttle Service!

Senior & Military Discounts On All Repairs!

\$17⁹⁹ Oil Change Package
Call for Details



Review Us On:



CASH NOW
TOP DOLLAR PAID • WE BUY CLEAN QUALITY TRUCKS, VANS, SUV'S & CARS
NO JUNK! **727-798-2921**
NOBODY PAYS MORE!

GOLF CARTS
CLEAN USED & NEW CARTS
• Buy • Sell • Trade • Repair • All Brands
Specializing in... *Sorry, we do not buy or sell RXV's due to very high cost of repair parts.*
ClubCar
YAMAHA EZGO
WANTED DEAD OR ALIVE



Carts Any Condition • Highest Prices Paid

Come In And Visit The Most Unique Showroom In Pinellas County. All Visitors Are Treated With Polite And Courteous Service **NO PRESSURE.**

No Phony Coupons Ever Necessary for Lowest Prices!

Buy From a Proven Dealer!
12 Years & 0 UN-Resolved Complaints Track Record In This Publication!

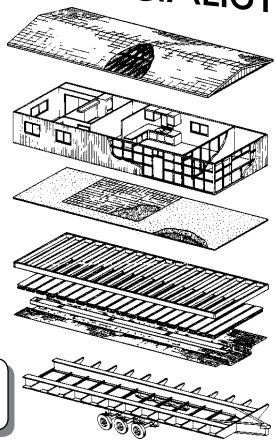
- Check Our Labor Rates Against the Competition
- 12 Years This Location • We Repair Chargers
- Charger Check-Up FREE at Our Store

RECREATIONAL GOLF CARTS, LLC.

8801 66th Street North • Pinellas Park
Open Monday – Saturday **548-8460**
(2.8 miles south of Ulmerton Rd.)

FLOOR REPAIR
MOBILE HOME SPECIALIST

- Any kind of damage to any kind of floor system.
- Small areas or whole homes.
- Replacement or deckover.



Ask About Our Other Services

OWNER OPERATOR NO SUB-CONTRACTORS

Perfect Repair & Construction, Inc.

22 ★ State Certified Building Contractor **18**

FREE ESTIMATES • 539-0852

Licensed and Insured • State License # CBC050061



4th of July PICNIC:

A big thank you from Don and Judy Halker to all who helped make this picnic such a great success. Over 50 of our residents enjoyed the food, activities, and many stayed to help clean-up. With such great support they are now organizing the Labor Day picnic.



LABOR DAY PICNIC:

Sunday - September 4th 4pm Please bring a dish to share and your beverage

REMEMBER TO DRINK PLENTY OF WATER



NO GLASS BOTTLES OR GLASSES IN THE POOL AREA:
KEEP AREA CLEAN!!!

REMINDER

RUMMAGE SALE: Remember your unwanted jewelry to donate to our sale next year. Please clean out those old jewelry boxes.
Remember those blankets for the migrant workers . Collection in Fall

As announced last month

A new trip has been added for full time residents and early arrivals. Biloxi by motorcoach Nov 7 – 10, 2016. \$339.00 per person, \$444.00 single.
3 nights – IP resort – shuttle to other casinos
\$24.00 food vouchers, \$55.00 free play, gratuities included
Optional New Orleans day trip \$49.00 per person, includes tour and free time in the French Quarter.
\$50.00 deposit due with reservation, balance due Aug 29, 2016.
For more information contact Loren directly at Advantage 727-576-4010 toll free 1-866-824-1613



TRAVEL

Another reminder about our day trips for next year: three day trips have been added for next year. If interested sign up on the bulletin board in clubhouse. You can pay next season. Please think about these trips:

Giraffe Ranch – Thursday Jan 12, 2017 - \$99.00 includes lunch – minimal walking

Royal Lipizzan Stallions – Thursday Feb 16, 2017 - \$69.00 –lunch –minimal walking

Florida Strawberry Festival – Thursday March 9, 2017 -\$55.00 – significant walking
Flyers are posted in the Club House

Our cruise will take place Nov 28th –Dec. 3, 2016

5 Night Western Caribbean Cruise – Sailing on Royal Caribbean – Brilliance of the Seas - Roundtrip from Tampa to George Town, Grand Cayman and Cozumel, Mexico



If interested please call Advantage Cruises and Tours to make reservations.

Final payment is due September 9, 2016

For added information concerning all trips contact Advantage 727-576-4010

COMING EVENTS:

Labor Day Picnic September 4th 4pm

October 27-30th John's Pass Seafood Festival -35th Annual Festival

November 24th Thanksgiving Dinner - Tickets \$10.00

December Dance - Dec 1st Level 3 Band

January 14, 2017 –Fashion With A Twist -fundraiser – tickets on sale in December



**A Complete Listing of Resident Services
can be found on the page before your calendar**

INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!

LOOKED

UNDER YOUR MOBILE HOME LATELY?

**Insulation Under Your Home Falling Down?
Holes and Tears in Your
Vapor /Moisture Barrier?**



FREE
UNDER HOME INSPECTION
 Only with this COUPON



**Photographs
Taken of
Damaged Areas**



Insulation and Vapor Barrier Repairs



- **Lifetime Vapor Barrier • Guaranteed for Life**
- Prevent Soft Floors • Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House!
- Lower Your Electric Bills

FREE ESTIMATES

Licensed by the
State of Florida
#IH/102549/1

727-330-7821
Toll Free - 800-681-3772

**MILITARY
& SENIOR
DISCOUNTS**

**Family Owned
& Operated**



- Insured • Bonded • Workman's Compensation Insurance
- Member: National Association of Mold Professionals

FLORIDA ANCHOR AND BARRIER COMPANY

7 ★ 11590 U.S. Highway 19 North • Clearwater • FL 33764 7



LOCK YOUR HOUSE AND CAR!!!

Cars have been stolen from our park, keys were left in. Thieves looking in the glove box for keys. Be aware, call 911 if suspicious behavior observed. This is another reminder to be cautious, many empty houses this time of year making it easier for thieves. Be observant!!!



HURRICANE SEASON JUNE TO NOVEMBER

REMEMBER ALL HOMEOWNERS MUST EVACUATE: Be prepared. Make your plans ahead of time. Make arrangements for your pet, know where you will locate to. Scuttlebutt has been reminding you for the last couple of issues to make your arrangements now. Do not wait for an emergency to happen. If you need assistance contact the proper agency for help. Be prepared!!

REMEMBER OUR WATERING SCHEDULE:

No watering between 10am and 4pm daily.
Even addresses Thursday and Sunday, before 10am and after 4pm
Odd addresses Wednesday and Saturday before 10am and after 4pm



PHONE NUMBERS:

DeCarli, Maryann 617-448-9373
Galloway, Tina 610-618-0575
Taylor, Mary 256-695-9239

ADD:

Miller, Jill 9240 50th Ave. North

DELETE:

McEntire, Patricia
Delgado, Wanda (Brnada)

DECEASED:

Kraemer, Dolores (Dee)
LeBlanc, Geri





No jokes this month:

Let's take a moment to think of all the friends we have lost this year in Harbor Lights. It saddens me to list all too familiar names in the deceased column. Let's remember them with smiles along with the tears. They will all be missed.

Stay cool and safe

DONATIONS NEEDED:

Donations have been requested so that we may show our appreciation and support to the police officers who patrol our park and serve our surrounding community.

Contributions can be given to either Judy Halker or Jamie. Any amount will be greatly appreciated, save your change. Collections will continue the month of August.

For more information and to donate please contact either Judy or Jamie.

Thank you for caring.

August Sudoku



		5						6
3					9	5		
		7	6	1				
				3				1
	8	6		9				3
	5						9	8
			5	4			1	2
	2				8	6		

5	3	6	8	7	9	1	2	4
8	6	9	5	4	3	7	1	2
7	5	3	1	2	6	4	9	8
1	8	6	4	9	5	2	7	3
5	4	2	8	3	7	9	6	1
9	3	7	6	1	2	8	5	4
6	7	8	3	5	4	1	2	9
3	1	4	2	6	9	5	8	7
2	9	5	7	8	1	3	4	6

ROD RUNNERS, INC.

Custom Window Fashions & Interiors

7671 Starkey Road • Seminole

Visit our showroom or call today for an appointment

394-9534



- Blinds • Shades
 - Shutters • Drapes
 - Valances • Sheers
 - Factory Direct Vertical Blinds
 - Bedding and More
- ALWAYS ON SALE!**



FREE In-Home Estimates

32 WWW.RODRUNNERSINC.COM

★ MONTHLY MEDIA DISCOUNT 10% OFF Orders Over \$200.00 **22**

AMS WC INC.

Family Owned & Operated Since 1977

VINYL SIDING

12 **★** **WANT TO UPGRADE YOUR HOME EXTERIOR?**

Our premium vinyl siding offers:

- Many Color and Style Choices
- Insulation Package
- Beauty and Durability
- Manufacturer's Lifetime Warranty



Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

Drywood Termite - Treatments - Without Tenting

- No Roof Damage
- No Move-Out
- No Odor

10 Year Warranty

- Other Services
- Rodent Control
- Subterranean Termite Treatments
- Once-A-Year Pest Control



NATURES RESOURCE PEST CONTROL, INC.

727-785-2552 **FREE Estimates**
State Lic. JB6861

- Convenient • Family Owned
- Serving Pinellas County Since 1993
- 2525 Jennifer Terrace, Palm Harbor



Where the Plumbing Bird says...

"Cheap Cheap"

Small Company = Lower Overhead = Lower Prices!

PLUMBING SERVICES

Specializing in Mobile Homes for Over 35 Years!

- ★ Family Owned & Operated ★ Water Heaters
- ★ Gray Pipe ★ Remodel ★ Water Conditioning
- ★ Sprinklers ★ Toilets, Sinks & Faucets



727-799-0287

38 **★** **4**
www.jonesandsons-plumbing.com

MOBILE HOME INSURANCE

**AUTO • BOAT • RV
MOBILE HOME & MORE**

*Call Marlene Taylor
for a free quote!*

(727) 851-1117

marlene@harrins.com

Harr & Associates
Insurance, Inc

11401 Seminole Blvd • Largo, FL 33778
727-393-9146 • harrinsurance.com



AMS

**WC
INC.**

Family Owned & Operated Since 1977

ROOF COATING REPAIRS & INSPECTIONS

12

IS YOUR ROOF LEAKING?

Roof Coating & Repair could be the solution:



12

- Lower Cost Than Replacement
- Professional Workmanship by a TRUSTED Contractor

**Our
Estimates
are Always
FREE**



800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

SUB-FLOOR & FLOORING EXPERTS!

Sub-Floor Repairs

Laminate Flooring

7 ★ 7

STATE CERTIFIED GENERAL CONTRACTOR
CGC# 004138
STATE LICENSED MOBILE HOME CONTRACTOR
#IH/102549/1

**FLORIDA
ANCHOR AND BARRIER
COMPANY**

**FREE
ESTIMATES**

**30
YEARS
EXPERIENCE**

**LICENSED
INSURED
BONDED**

727.330.7821 800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764





Watch for the dangers of carbon monoxide

Carbon monoxide (CO) is a colorless and nearly odorless gas created by the incomplete burning of solid, liquid, and gaseous fuels. It's poisonous to people and pets, so be careful. Symptoms of the poisoning are:

- Headache
- Fatigue
- Shortness of breath
- Nausea
- Dizziness



To prevent CO poisoning, take these precautions at work and at home:

- Buy and install a CO alarm. Make sure it meets safety requirements, and follow the directions for proper placement and installation.
- Install appliances properly. Most of them should be installed by a professional.
- Check your appliances. Have your heating system inspected and serviced every year.
- Only burn charcoal outdoors. Never burn it in a tent, home, garage, vehicle, etc.
- Make sure you turn off fuel-burning engine equipment when you are inside a garage or basement. Just having the doors open does not ensure your safety.
- Always follow the manual directions when servicing fuel-burning equipment.
- Do not use gas appliances, such as ranges, ovens or clothes dryers, to heat your home.
- If you use a fuel-burning appliance that is approved for indoors, make sure it is vented to the outside following the manufacturer's instructions.
- Install and use exhaust fans over gas stoves.
- Open flues when you use your fireplace.
- Choose the proper size wood-burning stove for your home.
- Have a professional inspect, clean and tune up your central heating system (furnaces, flues, and chimneys) annually.



Lost in translation

Henry was visiting a distant country where he didn't know the language. He managed fairly well with the help of a guide, but on Sunday he wanted to go to church, and his guide had the day off. So he found a small church in the village where he was staying and followed a friendly-looking man inside.

The man greeted him and smiled, so Henry took a seat next to him and decided to copy his every action. When his new friend rose with the congregation to sing a hymn, Henry did the same, finding the hymn by looking at the man's hymnal. When the collection plate came around, Henry put in the same amount of money as the man next to him.

Toward the end of the service, the minister made some kind of announcement. The man next to Henry stood up, so Henry did too. The congregation gasped in shock.

After the service, the minister approached Henry. So Henry's surprise, the minister spoke English. "You don't know a word of our language, do you?" the minister asked kindly.

"Uh, no." Henry was nervous. "Is it that obvious?"

"Well, when I was announcing the birth of a new child and asked the father to stand up..."

The real problem

A little girl was running a high fever with a bad cough and an aching feeling throughout her body, so her father took her to see the doctor. After waiting for an hour, the doctor finally took them into her office for an examination.

"Now, Christina," she said after checking her heartbeat and looking down her throat, "What's bothering you the most?"

"My brother Sam," she replied honestly. "He breaks all my toys!"

High stakes

A man walked into a bar and ordered a beer. As he drank, he noticed slabs of beef hanging from the ceiling on hooks. "What's this about?" he asked the bartender.



The bartender smiled. "Well, if you can jump up and pull one of them, we cook it up and give you free beer all night. If you miss, though, you have to put \$100 into the charity jar we keep back here for orphans. What do you say?"

The man looked up, then shook his head. "Sorry. The steaks are just too high."

SERVICES DIRECTORY

AIR CONDITIONING SALES/SERVICE

Air Masters of Pinellas, Inc. 727-586-6969
 E & E Gliddon, Inc. 727-546-4343
 Modern A/C Service Co. 727-541-5541

ANIMAL CONTROL

Animal Eviction Services..... 727-430-2832

APPLIANCE REPAIR

Bob's Appliance Repair 727-637-4789
 Sunset Appliance Service 727-559-1137

AUTO REPAIR

Peterson Auto Care Center..... 727-343-4242
 Suncoast Auto & Tire 727-520-1148

AUTO SALES / PURCHASING

Stingrays Inc. 727-798-2921

AWNINGS

Bay Area Aluminum Services, Inc. 727-585-4442
 Century Awnings Co. 727-559-8811

BATHROOM REMODEL

BathMasters 727-333-7997

BLINDS & DRAPERIES

Rod Runners 727-394-9534

CABINET REFINISHING

Electro-Glo Inc. 727-556-0701

CARPET CLEANING

Bill the Carpet Guy 727-521-4163

COMPUTER SERVICES

Largo Tech Services, LLC 727-474-4285

DUCT / VENT CLEANING

Velocity Air 727-754-7956

DRIVEWAY COATING

Concrete Wizard, Inc. 727-789-5444

ELECTRICAL CONTRACTOR

Haseney Electrical Services, Inc. 727-441-8434
 Imperial Electrical Service..... 727-535-0708

FLOOR REPAIR

Flatworks..... 727-288-4680
 Florida Anchor & Barrier Co. 727-330-7821
 Perfect Repair & Construction, Inc. 727-539-0852

GOLF CARTS SALES & SERVICE

Capital Golf Carts, Inc. 727-772-8833
 Recreational Golf Cars of Florida..... 727-548-8460

INSURANCE/AUTO

O. E. Wilson 727-535-0524

INSURANCE/MOBILE HOME

Harr & Associates 727-851-1117

MANUFACTURED HOME SALES/NEW

Citrus Homes/Meadowood Homes ... 727-535-5262

MEDICAL CARE

Bay Care ER www.BayCareER.org

MOBILE HOME SUPPLIES - RETAIL

Mobile Home Depot, Inc. 727-535-1100
 Southeast Mobile Home Supplies..... 727-522-2090

MOBILE HOME WASH/WAX

Heller's Mobile Home Washing 727-667-8110
 Royal Enterprises..... 727-394-7351

MOBILE HOME WINDOW FILM

Royal Enterprises..... 727-394-7351

PAINTING/INSIDE & OUTSIDE

Payless Painting Services..... 727-470-5876

PEST CONTROL

Buggin Out Termite & Pest Control ... 727-535-2629
 Modern Pest Control, Inc. 727-410-1466
 Nature's Resource Pest Control..... 727-785-2552

PLUMBING SERVICE

Jones & Sons Plumbing, Inc. 727-799-0287
 Ray Duncan Plumbing, Inc. 727-733-0968
 Enos Plumbing..... 727-804-9105

REMODELING/INTERIOR

American Restoration Systems, Inc. 727-525-7200

ROOF COATING

AMS Advanced MH Systems 727-471-0820
 Community Roofing of FL, Inc. 727-536-9999

ROOF REPLACEMENT

All Weather Roofing 1-800-297-3758
 AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300

ROOF WASHING

Heller's Mobile Home Washing 727-667-8110

ROOM ADDITIONS

Bay Area Aluminum Services, Inc. 727-585-4442

TIE DOWNS/MOBILE HOMES

Florida Anchor & Barrier Co. 727-330-7821
 Tommy Tie Downs..... 941-628-6840

VAPOR BARRIER

Florida Anchor & Barrier Co. 727-330-7821
 Florida Underhome Solutions 727-492-1884
 Underhome Armor..... 727-282-2045

VINYL SIDING

AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300

WINDOW REPLACEMENT

AMS Advanced MH Systems 727-471-0820
 ASC Aluminum Specialty Contr. 727-547-8300

Kitchen & Bath Remodeling



"Floor to Ceiling & Wall to Wall -
 We Do it All!"



525-7200

AMERICAN
 RESTORATION SYSTEMS, INC.
 www.americanrestorationsystems.com

Lic. #CGC 1506061
 4508 62nd Ave. N
 Pinellas Park
 Est. 1988

ENOS PLUMBING & SERVICES, INC.
 Honest and Dependable
 with Lowest Rates
804-9105
 State Lic. CFC 1426222



BAY AREA Since 1972
ALUMINUM
SERVICES, INC.

• Lic. # C2399 • Lic. # C6060

ROOM ADDITIONS

- Carports • Awnings
- Acrylic, Glass & Screen Enclosures
- And More! •

FREE ESTIMATES

727-585-4442

12350 Belcher Road • Bldg. #5-K • Largo

32 ★ • Bonded • Insured • Licensed • Free Estimates 32

Make Your Ugly, Cracked
DRIVEWAY
Look Like New!

We Repair,
Widen & Re-Surface

FREE ESTIMATES • 7 DAYS A WEEK



www.ConcreteWizard.us



11 ★

789-5444

5

Lic. #C5528

CONCRETE WIZARD

AUGUST • 2016

Sunday	Monday	Tuesday
	1 Aquacise 8:00am and 9am Bocce 9:00am	Aquacise 8:00am
7	8 Aquacise 8:00am and 9am Bocce 9:00am	Aquacise 8:00am
14	15 Aquacise 8:00am and 9am Bocce 9:00am	Aquacise 8:00am
21	22 Aquacise 8:00am and 9am Bocce 9:00am	Aquacise 8:00am
28	29 Aquacise 8:00am and 9am Bocce 9:00am	Aquacise 8:00am

Harbor Lights

Tuesday	Wednesday	Thursday	Friday	Saturday
2 Aquacise 8:00am and 9am	3 Aquacise 8:00am and 9am	4 Aquacise 8:00am and 9am	5 Aquacise 8:00am and 9am Bocce 9:00am	6
9 Aquacise 8:00am and 9am	10 Aquacise 8:00am and 9am	11 Aquacise 8:00am and 9am	12 Aquacise 8:00am and 9am Bocce 9:00am	13
16 Aquacise 8:00am and 9am	17 Aquacise 8:00am and 9am	18 Aquacise 8:00am and 9am	19 Aquacise 8:00am and 9am Bocce 9:00am	20
23 Aquacise 8:00am and 9am	24 Aquacise 8:00am and 9am	25 Aquacise 8:00am and 9am	26 Aquacise 8:00am and 9am Bocce 9:00am	27
30 Aquacise 8:00am and 9am	31 Aquacise 8:00am and 9am			SEPTEMBER 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



Act of compassion

In these days of political polarization, this story about acceptance seems appropriate: When former Vice President Hubert Humphrey died, hundreds of political figures from around the world came to his funeral. One was former President Richard Nixon, who resigned from office in the wake of the Watergate scandal. Everyone wondered how the disgraced ex-president would be received.

When then-President Jimmy Carter arrived, he noticed Nixon standing alone. Instead of heading for his seat, Carter walked toward Nixon, held out his hand, and then gave Nixon a hug, saying, “Welcome home, Mr. President, welcome home!”

Despite belonging to a different political party, Carter decided to show compassion toward someone whom many ignored. It was an extraordinary gesture of acceptance.

A life in books

Pulitzer Prize-winning writer Geraldine Brooks’ love of books from a young age was supported by a woman she never met. According to *The Power of Good*, by Mark McCrindle (Hybrid Publishers), Brooks’ grandfather mentioned to a friend named Althea Glasby that his granddaughter loved to read, and so every year for Christmas young Geraldine got a book signed, “To Geraldine, with love from Althea Glasby.”



“I have no idea what this woman spent so much time and thought on a child she didn’t know,” Brooks said as a grownup. “Whatever the reason, I wish I could thank her in person. I wish I could tell her how those books shored up a love for the written word that grew over time into a career and a calling. I would like to give her one of the books I’ve written, nice, hardback first edition. The signature wouldn’t be as fine and fluid as hers, but in my own pedestrian scrawl I would say thank you, for the gifts that helped to lead me to a life in books.”

A costly game

Bill and Fred were playing golf one day. When they came to a hole with a large water hazard, Bill teed up and watched his ball drop into the water. He checked his golf bag and found he didn’t have any extra balls, so he asked Fred to give him one.

That ball, too, went into the water, so Fred gave him another—which also sank. After the third golf ball disappeared into the drink, Fred said, irritated, “You know, those golf balls cost \$10 a piece!”

“Hey,” Bill said, “you shouldn’t play the game if you can’t afford it.”



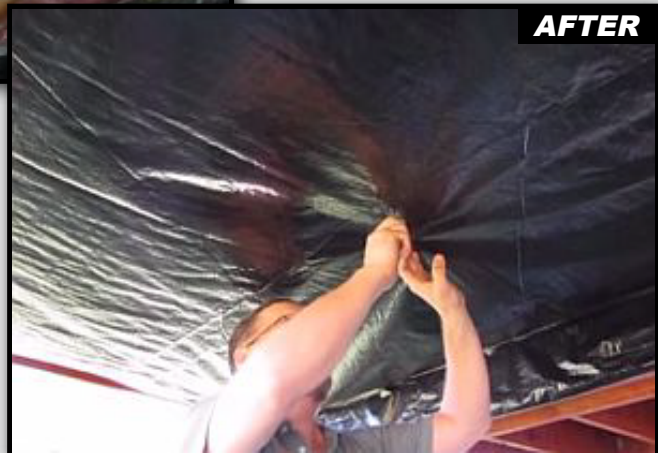
Quality Workmanship
Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors

**8 Yrs
Exp.**



We Keep rodents,
snakes, spiders, bugs,
mold, mildew, and
damaging moisture out
of your home!



**LICENSED AND
INSURED**

FAMILY OPERATED

Office Location:
12355 62nd St N
Unit B
Largo, FL 33773



**ESTIMATES &
SMILES ALWAYS FREE**

(800) 377-7885 or (727) 282-2045

AIR MASTERS

of Pinellas, Inc.

• A Name Worth Repeating •

AIR CONDITIONING & HEATING

Comfortmaker

Air Conditioning & Heating

MOBILE HOME SPECIAL \$3295⁰⁰

3 Ton Package Unit

- * 14 Seer * 10kw Heat Strip
- * New Digital Thermostat
- * 10 Year Limited Warranty On All Parts

Savings Available on Other Sizes.
Call for Free Estimate

Incl. Tax

1562-D South Missouri Avenue • Clearwater
Lic. # CAC 1814176



586-6969



ROYAL "We Keep Your Castle Clean"

MOBILE HOME WASH N' WAX

- Apply Soap to exterior
- Hand brush mobile home
- Then light power rinse thoroughly

- No High Pressure
- No Bleach • No Chlorine



\$75⁰⁰

Any Size Mobile Home

394-7351

16

★

16

Owner Operated - Over 25 Years Exp. • Licensed & Insured

FREE A/C CHECK

Most Cars - Freon Extra

With this coupon. Not valid with other offers.

FREE! 4 Wheel Tire Rotation

with Lube, Oil & Filter **Only**
Up to 5 Quarts **\$16⁶⁹**



Must present this coupon at time of purchase.
Most cars. Plus \$2.00 environmental fee.
Not valid with other offers.

TRANSMISSION FLUSH & FLUID EXCHANGE

with **BG** **\$119⁹⁵**

Most Cars. With this coupon. Reg. \$129.95
Not valid with other offers.

4 WHEEL ALIGNMENT

With this coupon. Some cars & trucks extra. Not valid with other offers. **Only \$69⁹⁵**



11 ★

520-1148

9

Hours: Mon.-Fri. 8 - 5 • Sat. 8 - noon
6777 Haines Road • St. Pete

www.suncoastautoandtire.com

- Family Owned & Operated
- Appointments May be Necessary
- All Repairs Guaranteed • Full Service Repairs



Did you know that August is also...

Back to School Month. As summer draws to a close, back-to-school season is in full effect. Remember to safely share the roads with school buses, pedestrians, and bicyclists, and provide children with the necessary knowledge to stay safe at school. Whether children walk, ride their bicycle, or take the bus to school, they—and the motorists around them—should remember to take proper safety precautions .



National Black Business Month. During August, individuals, institutions, and businesses are encouraged to visit at least one black-owned business per day. The increased sales resulting from that traffic could result in more than 40,000 additional jobs during the month and as many as 450,000 new jobs if the habit is continued over the course of a year.

National Immunization Awareness Month. National Immunization Awareness Month (NIAM) provides an opportunity to highlight the value of immunization across a person's lifespan. Activities focus on encouraging all people to protect their health by being vaccinated against infectious diseases.

Clown Week, Aug. 1-7. Celebrations take on a variety of forms, such as putting on shows in malls, child care centers, hospitals, and nursing homes, and clown appearances in parades, grand openings, and other places.

National Fraud Awareness Week, Aug. 7-13. Businesses and government agencies around the world lose an estimated 5 percent of their annual revenues to fraud. National Fraud Awareness Week seeks to educate everyone on the dangers of fraud and how to protect themselves from criminal activities.

Motorcycle Week, Aug. 14-20. For the motorcycle rider and lover, a week dedicated to the vehicle that millions of Americans enjoy. Ride, celebrate, and make new friends on the road.



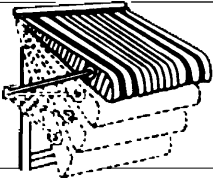
National Aviation Week, Aug. 14-20. A celebration of flight, observed during the week of Orville Wright's birth, Aug. 18. Along with his brother Wilbur, Orville Wright built and flew the world's first successful airplane in Kitty Hawk, N.C., in 1903.

International Beer Day, Aug. 5. Enjoy your favorite beer, or try a new one—responsibly, of course.

World Elephant Day, Aug. 12. Asian and African elephants are loved, revered, and respected around the world, yet we teeter on the brink of seeing the last of these magnificent creatures.

National Dog Day, Aug. 31. Celebrate your dog—and dogs everywhere.

CENTURY AWNINGS



- Fabric & Aluminum AWNINGS
- MINI BLINDS

10% OFF
to Park Residents

- ALL WEATHER CURTAINS
- VERTICAL BLINDS



• Free Estimates • Licensed & Insured

559-8811 ⁵² ★ **QUALITY PRODUCTS LOCALLY MADE - SINCE 1959** ³⁴
13170-A 90th Street N., Largo • Previously Located on Starkey Road

PAYLESS PAINTING SERVICES

Free Estimate C8369

727-470-5876

www.paylesspainting.us



HURRICANE ANCHORS LEVELING & BLOCKING

- Add Anchors • Carport Strapping
- Longitudinal Stabilizing
- Replace Rusted Anchors
- Retro-fit to Current State Standards



⁷ ★ ⁷



Insured • Bonded
State Lic. IH/102459/1

727-330-7821

FLORIDA ANCHOR AND BARRIER COMPANY

MODERN PEST CONTROL

\$29 Under Home Chemical Powder Dusting Available

Every Other Month "Old Fashioned Service with Modern Technology" **410-1466**
or **391-7584**

"Serving Pinellas County Over 26 Years" Lic. #JB2438 ⁷ ★ ⁵



AMS *WC INC.*

Family Owned & Operated Since 1977

WINDOW REPLACENT

LOOKING TO REPLACE YOUR WINDOWS?

AMS carries a wide range of windows designed to fit your home and are energy efficient.

Standard features include:

- PVC Vinyl Frame
- Insulated, Double Pane Glass
- Low E MAX
- Manufacturer's Lifetime Warranty



¹²

★

¹²



"Our new energy efficient windows installed by AMS are beautiful. Everything from start to finish was great."

C. Wallace
Pinellas County

Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

CARPET DRY CLEANING

DRIES IN MINUTES - NOT HOURS

Living Rm, Dining Rm. & Hall **\$70**
Includes...
FREE Deodorizer

SAFE FOR MOBILE HOME FLOORS

- Leather Cleaning
- Tile & Grout
- Furniture
- RV • Auto

¹² ★ • Truck Mount Steam Available • Insured ⁵

BILL The CARPET GUY 727-521-4163



COMPUTER HELP AT HOME

- Virus & Spyware Removal • Tune-Ups
- New Computer Set-Up • Wireless Routers
- Repairs/Upgrades • Training • Custom Builds
- Data Backup / Recovery / Destruction • Recycling
- Printers • Cameras • Advice • 36+ Years Experience

Less than In-Store Prices 727-474-4285

• Appointments 8 am - 9 pm • 7 Days per Week
⁵ ★ www.LargoTechServices.com ⁵

RAY DUNCAN PLUMBING, INC.



"SPECIALIZING IN MOBILE HOME REPAIRS"

- Sewer & Drain Cleaning • Washer & Dryer Hook-Ups
 - All Brands Faucets & Fixtures Repaired & Replaced
 - Water Heaters Repaired & Replaced
- 24 HOUR FAST & CLEAN SERVICE

733-0968

620 UNION STREET • DUNEDIN

www.rayduncanplumbinginc.com

Over 30 Years Experience • Master Plumber • CFC1428802



28



35



FAMILY OWNED & OPERATED



"Building Dreams... One Home At A Time"

6030 Ulmerton Road • Clearwater • FL



"A Family Tradition Since 1959"



**Lot Model Clearance Sale
SAVE THOUSANDS NOW!**

WE DO IT ALL...

- Removal • Replacement (1/3 mile east of U.S. 19)
- Carports • Garages
- Screened Rooms
- Landscapes & Much More!

727-535-5262



10 ★ Visit us Online at... www.citrus-meadowood.com 7

MOBILE HOME DEPOT

YOUR MOBILE HOME PARTS WAREHOUSE!

- Mobile Home Supplies • RV Accessories • Aluminum Products

22 ★ **Do It Yourself & Save!** 9

- Largo - 13777 66th Street North • **535-1100**
- New Port Richey - 7118 U.S. Hwy. 19 • **849-4900**



Store Hours: M - F 8-5 • Sat. 8-12
www.mobilehomedepot.net

CAPITAL GOLF CARTS

Pinellas/Pasco County's
YAMAHA
Authorized Dealer

4 Convenient Locations
**HUDSON
PALM HARBOR
OLDSMAR
LARGO**

AUTHORIZED DEALER
PALM HARBOR • LARGO • HUDSON

\$250 off The purchase of a new or used golf cart*

*with this coupon. Limited time offer.

Sales Parts Service Rentals Accessories
WWW.CAPITALGOLFCART.COM

727-772-8833

Come Visit Our Showrooms!

3

Monday thru Friday 9:00am-5:00pm Saturday 9:00am-3:00pm

15



**For Advertising Info
Call or email:**

727-484-7488

sales@monthly-media.com



MASTER ELECTRICIAN

John Haseney 36 Years Pinellas County

441-8434



10% DISCOUNT
1st Service Call

17

★ Haseney Electrical Services, Inc.
• License #EC 13001677

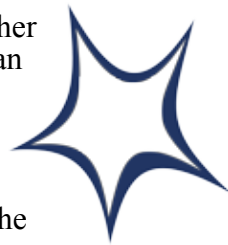
5



New moon discovered around distant dwarf

The solar system is a little bit larger these days. The Hubble Space Telescope has found a new moon orbiting the dwarf planet Makemake in a region of space beyond the planet Neptune known as the Kuiper Belt, where many other small planet like objects have been found. Makemake is slightly smaller than Pluto, another dwarf planet, and is covered by a layer of frozen methane.

According to the Sci-News website, the moon, nicknamed MK2, is approximately 100 miles around and orbits close to 13,000 miles above Makemake. Astronomers discovered it after examining observations from the Hubble made in 2015. Astronomers believe that it is the product of a collision between Makemake and another celestial object or was captured by Makemake billions of years ago.



Wookiee alert! New species sited on Earth

Chewbacca has been sighted—not a long time ago in a galaxy far, far away, but in Papua New Guinea. It’s the name of a newly discovered species of flightless beetle, dubbed *Trigonopterus Chewbacca* because of its distinctive pattern of scales.

As reported on the (e)Science News website, Chewbacca is one of four new black weevils discovered by an expedition of scientists looking for examples of the *Trigonopterus* beetles. The website notes that unlike its fictional namesake, this Chewbacca doesn’t depend on size and brawn to scare enemies off, because it measures only 2-3 millimeters in length.

New evidence changes theory about dinosaur extinction

For years scientists and dinosaur enthusiasts have accepted the theory that a giant asteroid caused the mass extinction of the dinosaurs 66 million years ago. Now that theory has undergone some tweaks, as reported on the Science News website.



The asteroid probably didn’t help matters, but evidence now suggests that the dinosaurs had begun dying out long before it struck. Dinosaur species began disappearing faster than new ones evolved some 40-50 million years before the asteroid’s impact—a loss in diversity that made surviving the event more difficult.

Many species of birdlike dinosaurs kept going, ultimately evolving into the birds we see today. Scientists speculate that because much of the diet of today’s birds consists of seeds, earlier flying reptiles may have relied on the same food source, which can last for decades.

BATHMASTERS

THE MASTERS OF BATHROOM RENOVATION

- Economical tub to shower conversions
- Extensive portfolio and references online
- We listen, we respond — excellent communication skills
- Showroom in Clearwater
- Fixed price packages customized to meet your needs



Your choice of:

The most advanced easy-to-clean, solid surface tub and shower surrounds on the market or custom tile installation.



Call (727) 333-7997 now for your **FREE in-home estimate!**

2260 Gulf to Bay Boulevard | Clearwater, FL 33765
(727) 333-7997 • www.BathMasters.us

Certified Residential Contractor: CRC1331061

Special Offer

10% off

Tub to Shower Conversion Packages
For Seniors Age 55+. Up to \$500. 8/31/16.

SAVE BIG During Our Annual:

ROOF SALE!

10% OFF

Manufactured & Mobile Homes
Still **#1** in Your Park Since 1984!

FREE VIDEO INSPECTION
See exactly how your roof looks!

our already LOW PRICES!

Present this coupon for an additional 10% DISCOUNT

- **FRIENDLY FREE ESTIMATE!**
- **ALL ROOFS and ROOF-OVERS!**
- **LIFETIME Transferable Warranty!**



A+ Better Business Rating!

For Savings and News, Like us on Facebook!



Please be sure you are dealing with a Florida Certified Licensed Contractor... AND DON'T BE FOOLED BY NEW COPY-CAT COMPANIES USING OUR GOOD NAME!

Call the one and only:

AllWeatherRoofing Inc.

Florida licensed contractor #CCC058045

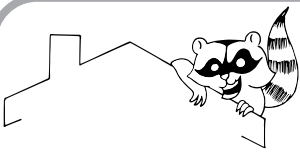
• Family Owned and Operated

Call Toll-Free! 1 800 297-3758



Visit us: www.YourBestRoof.com

Call Michelle right now!



LICENSED AND INSURED

ANIMAL EVICTION SERVICES

- TRAPPING/ANIMAL REMOVAL
- DEAD ANIMAL REMOVAL / DEODORIZING
- MOBILE HOME SKIRTING
- FREE ESTIMATES
- 24/7 EMERGENCY SERVICE



SEND THEM PACKING... PERMANENTLY!!

727-430-2832

www.animalevictionservices.com

ROYAL "We Keep Your Castle Clean"

SHATTERPROOF YOUR WINDOWS

SOLAR FILM

- 16 • Heat Reflection
- Old Film Removal & Replacement

16



394-7351

FREE ESTIMATES

Owner Operated - Over 25 Years Exp. • Licensed & Insured
Ask About Our Other Cleaning Services

HURRICANE ANCHORING

- TOMMY TIE DOWNS LLC -

- LICENSED
- INSURED
- BONDED

Tom LaRack
Owner/Installer

(941) 628-6840

T11rock@yahoo.com
tommytiedownsllc.com



Replace or Install Tie Downs & Anchors

Foundation Screening

Carport Straps

Leveling

FREE INSPECTIONS

LOOKED UNDER YOUR MOBILE HOME LATELY?



BEFORE



AFTER

Insist on 8 Ft. Wide Vapor Barrier for a Seamless Fit!

OVER 10,000 VAPOR BARRIERS INSTALLED!

WE CAN FIX YOUR SOFT FLOORS! 7 ★ 7

WE ALSO SPECIALIZE IN MOBILE HOME FLOORING REPAIRS, AND LAMINATE FLOORING.



ESTIMATES ALWAYS FREE
FAMILY OWNED & OPERATED

FLORIDA ANCHOR AND BARRIER COMPANY

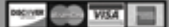
727.330.7821 800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764



STATE CERTIFIED GENERAL CONTRACTOR
#004138

STATE CERTIFIED MOBILE HOME INSTALLER
#FH102549/1





Like a good neighbor . . .

We depend on our neighbors to water our plants and walk our dogs when we're out of town—or do we? A study from the Pew Research Center found that only a little more than half of Americans—52 percent—say they trust all or most of their neighbors, and 48 percent they trust only some of their neighbors, or none at all.

The Pew Center found that among households with incomes of \$75,000 or more, 67 percent of residents trust all or most of their neighbors, but in households earning less than \$30,000, only 37 percent feel the same.

Race may also be a factor, although the connection is unclear: Sixty-two percent of white Americans say they trust their neighbors, just 31 percent of African-Americans do, and only 27 percent of Hispanics.

The Zika virus: Protect yourself with the facts

The Zika virus is spreading in the headlines and around the world, but you don't have to panic. The best defense is information. Here are some basic facts about the virus from the NBC News website:

- **Origins.** Zika comes from the continent of Africa. It was first observed in 1947, but didn't seem dangerous. That changed when it migrated across the South Pacific and ultimately arrived in Brazil, where immunity against the virus is low.
- **Effect.** The virus itself doesn't seem to cause major health problems in most people beyond a rash, headaches, and fever. But it can in some cases cause paralysis, nerve damage, encephalitis, and miscarriages, as well as birth defects and deaths in newborn children.
- **Transmission.** The Zika virus is mostly spread by mosquitoes native to tropical regions. It can also be sexually transmitted.
- **Reach.** Zika has already arrived in the United States, where approximately 700 people have been infected after traveling to foreign countries. Mosquitoes that carry the disease are common in many areas, even as far north as New York, so localized outbreaks could occur in several states.
- **Prevention.** Air conditioning and windows screens are both good defenses against the mosquitoes. In addition, officials advise that people wear long clothing and insect repellent when going outside.





AIR DUCT CLEANING

We Clean in Accordance to the National Air Duct Cleaners Guidelines

Cleaning Special Deep Scrub Rotobrush Cleaning



- Removal of each vent
- Wipe grills clean
- Basic dryer duct cleaning
- 24 point A/C duct inspection
- Organic Deodorizer



\$1500 per vent



www.VelocityAirConditioning.com
Same Day Service
727-754-7956

ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages:

Bodily Injury	\$100,000 Each Pers. / \$300,000 Ea. Occur.
Property Damage	\$100,000 Each Occur.
Uninsured Motorist	\$100,000 Each Pers. / \$300,000 Ea. Occur.
Pers. Injury Prot.....	\$10,000 Ea. Person, Wage Loss Excluded
Medical Payments.....	\$5,000 Each Person
Comprehensive	ACV - \$500 Deductible
Collision	ACV - \$500 Deductible
Road Trouble Serv. ...	\$50 Each Occurrence
Additional Exp.....	\$30 Per Day / \$900 Each Occurrence
Annual Paid In Full Premium.....	\$994.55*



Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.

O & Wilson Insurance Inc.
30 ★ 727-535-0524 9

VINYL SIDING ASC

Lic #C-2387

Aluminum Specialty Contractors, Inc
"No-Nonsense Company"
7420 Park Blvd. • Pinellas Park

727-547-8300



Give Your Home a Makeover!

10% Off

VINYL IS FINAL

visit: www.ascaluminum.com



"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked here...were gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!"

George Lordstrom, Saint Petersburg, FL

WINDOWS ASC

Lic #C-2387

Aluminum Specialty Contractors, Inc
"No-Nonsense Company"
7420 Park Blvd. • Pinellas Park

727-547-8300



Free Installation!

(minimum 6 windows)

expires 8/15/16

visit: www.ascaluminum.com



"...I am so happy with my new windows...I'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word - the house is doing all the talking! Thank you so much for my beautiful new house."

Carol Zapiecki, Clearwater, FL

ROOF COATING & REPAIRS

COMMUNITY

ROOFING OF FLORIDA, INC.

Free Estimates

2101 Starkey Rd Suite M-7
Largo, Florida 33771
(727) 536-9999

"Proudly Serving Your Community"

Lic# CCC1330642

**We Do All
Roof Coating, Roof Repairs,
and Roof Inspections
on all Manufactured Homes**

800-511-2517

www.FloridasBestRoof.net



EMPORIUM

10 WORDS for \$8.55 – Each additional word is 80¢
Your Ad Will Appear in 60 Mobile Home Park Newsletters
NO ADS ACCEPTED BY PHONE OR EMAIL

EVENTS & PROGRAMS	ARTICLES FOR SALE	WANTED TO BUY
<p>CRAFT SHOW 12/10/16 Four Seasons Estates, Largo. Vendors wanted. Email medmatchpay@yahoo.com for application, or 727-200-3240 for more info.</p>	<p>2 Crypts in Sylvan Abbey, choice Locations side by side extras. 727-243-4100 Suzie</p>	<p>When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.</p>
<p>CRAFTERS WANTED! EBO in Largo needs Crafters for their Show Dec. 3rd, from 8-2. Tables are \$20.00 (+ donation for raffle) Call Tammy 727-550-6397.</p>	<p>For Sale: Serger Sewing Machine. Brand New, \$150.00. Call 727-585-3820</p>	<p>FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780</p>
<p>Crafters Wanted for craft show 12/04/16. Down Yonder Village, Largo. Please call 727-531-5101.</p>	<p>Lift Chair - New, heat and massage. \$625.00. Call 727-647-3433</p> 	<p>Retired lady looking for car under \$4000. Please call 727-421-9573</p> <p>FREE</p> <p>FREE 10 year old female Tabby cat to loving home that will not declaw her. Chipped and current on shots. 727-400-6731</p>

SEPTEMBER AD DEADLINE - AUGUST 10, 2016

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
• Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

Mobile Home Electrical Specialist

**Tired of High Prices?
Then Call Us!**

License # EC13005729

**10%
Discount
on 1st
Service Call**

Imperial Electric Service

535-0708



MOBILE HOME PARTS / ACCESSORIES

- Plumbing Supplies
- Electrical Supplies
- Windows & Parts
- Aluminum Products
- Sinks & Faucets
- Tubs & Showers
- Safety Rails
- Water Heaters
- M.H Accessories
- Interior Doors
- Exterior Doors
- Screen & Vinyl Reroll



Open Sat. 9-1
Installation
Serv. Available
Est. 1988



SOUTHEAST MOBILE HOME SUPPLIES, INC. 522-2090
www.southeastmobilehomesupplies.com



4508 62nd Avenue North • Pinellas Park 8

Kitchen and Bath "MAKEOVERS"

We can give your Cabinet/Countertop that "WOW" Appeal & save you thousands of \$\$\$ in Replacement & Refacing costs with our Superior Color Finish & New Door Designs



**REFINISH
your past...
for a brighter
tomorrow!**

FREE Estimates 727-556-0701

or email: paul.brown@electroglousa.com

**ELECTRO-GLO
FINISHING**

Insured
A + Rating BBB
Angie's List "A-Rated" Company

Family Owned & Operated
- Since 1980 -
Licensed #C9835

Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over **\$135,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Virginia Rouleau.....\$100	All Weather Roofing	Marilyn Holmes.....\$5	Florida Anchor & Barrier
John Elliot.....\$10	Citrus/Meadowood Homes	Marie Woods.....\$5	Jones and Sons Plumbing
Nancy Spangler.....\$10	Master Plumbers and Septic Inc.	Bev Helbing.....\$5	Heller's Mobile Home Washing
Jackie Lehocky.....\$10	Appliance Specialty	Michael Sandlin.....\$5	Battleline Termite & Pest Control
Max Powell.....\$10	Ray Duncan Plumbing	Kathy Sweetman.....\$5	Largo Plumbing
Darwin Tweedy.....\$10	Doll Brothers Carpet & Upholstery	Andrea Pelletier.....\$5	Perfect Repair & Construction
Don Cihasky.....\$10	Royal Enterprise	Kathy Molinaro.....\$5	Dunedin Plumbing
John Shull.....\$10	Barron's Air Conditioning	Carolyn Jablonski.....\$5	Payless Painting Services
Bevlan Stewart.....\$10	Ron Wyngarden MH Washing	Cheryl Kittle.....\$5	Bob's Mobile Home Washing
Arlene Bero.....\$10	Jones and Sons Plumbing	Juanita Seeman.....\$5	Battleline Termite & Pest Control
Sherry Walsh.....\$10	Bob's Appliance Specialty	Clifford Tolosa.....\$5	Air Masters of Pinellas
Carolyn Teter.....\$10	Recreational Golf Cars of Florida	Nancy Hove.....\$5	AMS North West
Glen Daw.....\$10	Buggin Out Termite and Pest control	Albert Yoder.....\$5	Bill The Carpet Guy
Darlene Coburn.....\$10	Heller's Mobile Home Washing	Ron Quidort.....\$5	Largo Plumbing
Agnes Basel.....\$5	Bill The Carpet Guy	Joan McNally.....\$5	Boss Electric
Marion Mein.....\$5	Rod Runners	Patricia Coughlin.....\$5	Air Masters of Pinellas
Richard Bremer.....\$5	Boss Electric	Donna Mathis.....\$5	Modern AC & Appliance
Mary Jo Webert.....\$5	Heller's Mobile Home Washing	Susie Hunt.....\$5	Doll Brothers Carpet & Upholstery
Ann Tindall.....\$5	Battleline Termite & Pest Control	Jack Echlin.....\$5	Battleline Termite & Pest Control
Richard Yeomans.....\$5	Royal Enterprise	Charles Latimer.....\$5	Jones and Sons Plumbing
Shirley Frew.....\$5	Florida Anchor & Barrier	Mary Jardin.....\$5	Recreational Golf Cars of Florida
Peggy Long.....\$5	Air Masters of Pinellas	Thelma Marsch.....\$5	Boss Electric
Linda Fogle.....\$5	Jones and Sons Plumbing	Angela Lehman.....\$5	BugginOut Termite and Pest control
Herbert Hendershot.....\$5	Heller's Mobile Home Washing	Earl Foster.....\$5	Air Masters of Pinellas

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



The night shift takes a bigger toll on women

Working the midnight shift is hard on everyone, but it may be more detrimental to women’s health than men’s, according to a study by a sleep research center at the University of Surrey.



The center put 16 male volunteers and 18 females in a controlled environment where each day lasted 28 hours without natural day-night light levels. Every three hours during “daytime” the volunteers performed a range of tasks that measured brain function, alertness, motor control, and memory. Both men and women were affected by the lack of natural circadian rhythms, but the impact was greater on women, who exhibited more problems than men during the early hours of their awake period. The information is useful for everyone contemplating work on the so-called graveyard shift.

Loneliness is bad for the heart

Loneliness and isolation may be bad for your mental health, and they can also have a negative impact on your physical health. That comes from a British study reported on the CBS News website, which found that in addition to high blood pressure and compromised immune systems, loneliness can apparently lead to problems with the heart.



The British researchers looked at data from more than 180,000 people. They found that adults with few friends or social relationships were 29 percent more likely to suffer a heart attack or angina, and also 32 percent more likely to have a stroke.

The cause and effect relationship remains unclear, but the findings suggest that strong relationships can influence your health in many ways.

Choose the right food to combat stress

We all have our go-to foods when we’re stressed out—chocolate cake or a bowl of ice cream. But certain foods can actually help you relax without blowing your diet. Consider these alternatives:

- Leafy greens. Spinach, lettuce, and other leafy vegetables can help your brain produce dopamine, which can calm you down.
- Turkey. The tryptophan in turkey boosts serotonin levels, relieving depression.
- Salmon. Salmon is high in omega-3 fatty acids, which can inhibit hormones that cause stress.

40

Certified years in business



No complaints unresolved

40

Years in Monthly Media

HAVE YOU SUFFERED FROM WATER OR FLOOD DAMAGE?

Fully
Guaranteed
Property
Repair Service
& Floor Repairs



Call Us for a **FREE**
NO-PRESSURE No-Obligation Estimate

727-288-4680

flatworksremodel@yahoo.com

• Licensed
• Bonded • Insured

4

FlatWorks
INCORPORATED



4

CGC #1511054

Paid advertisement by FLUHS, Inc. d/b/a A&E Services



FLORIDA
**Under Home
SOLUTIONS**

where budgets and home solutions meet

A F F O R D A B L E V A P O R B A R R I E R

Have You Looked **UNDER** **PROTECT**
Your Home Lately? **YOUR HOME**

**Fix Small Problems Today
Before They Cause Serious Damage!**

We will inspect and photograph any issues, showing you pictures of the underside of your home. Damaged & worn vapor barriers can create high energy costs and allow mold & mildew to grow and weaken your sub floor creating "Soft Spots". Keep Mold, Moisture & Animals out of your Home.



Repairs will be made quickly and include a
20 Year Transferable Warranty!

**10%
MILITARY
DISCOUNT**

Call Us for a **FREE NO-PRESSURE No-Obligation Estimate**

4

727-492-1884

• Licensed
#OCL0027169

4

info@FloridaUnderHomeSolutions.com • Bonded • Insured

Tired Of Repairing & Replacing Duct Work?



Tired Of Mold & Mildew?

Want A Lower Electric Bill?

Call To Find Out How!!



E&E GLIDDON

LIC # CACO 24340

Comfortmaker
Air Conditioning & Heating

FREE ESTIMATES
on **NEW UNITS**

www.eegliddonac.com

24 Hour Service
Service All Units



AIR CONDITIONING

100% SATISFACTION GUARANTEE

\$45⁰⁰ A/C INSPECTION
or **Service Calls**

(Mon.-Fri. 8AM - 4:30PM)

727-546-4343



34



34